



# Form a Dragon Boat Team!

Join us at the **Pittsburgh Dragon Boat Festival on October 5, 2019** and put a dragon boat team together for a day of fun at North Park Lake! Cultural demonstrations, food, marketplace and other activities will be available, so bring the whole family!

## What is a Dragon Boat?

- Dragon boat racing began from an ancient Chinese Legend
- One of the fastest growing water sports in the world
- 40 foot canoe with 10 bench seats... enough room for 20 paddlers
- The boat has an ornamental dragon head and tail
- A steersperson stands in the back with a 10-foot steering oar
- A drummer calls the cadence from the front

## How can I participate?

- Get at least 21 friends, colleagues, or family members together to form a team
- Find 20 paddlers, with a minimum of 8 women paddlers & no more than 12 men (Exceptions may be made for boats of 10)
- Find 1 drummer (male or female)
- Think of a clever name for your team
- Sign up for practice the week before the event

### Note:

- *All team members must be at least 12 years old*
- *Paddles and life jackets will be provided for practices and races*

## How much does it cost?

- **\$800** for Breast Cancer Survivor teams (25 people at \$32 per person)
- **\$1,000** for community teams (25 people \$40 per person)
- **\$1,400** for business or corporate teams (25 people at \$56 per person)
- **\$800** for youth teams, 12-19 years old (25 people at \$32 per person)

## What happens on race day?

- The festival will take place at North Park Boat House
- You will be assigned a tent area at the venue (bring your own tent)
- You will be competing in at least three 200m races
- Each race will be the most exciting 2 minutes you can experience on the water!
- You will be provided with an experienced steers person
- You will need to have a drummer in an eye catching costume (best dressed prize)
- Awards and recognition for winning teams, drummer costumes

**Folks of all shapes, sizes, ages, athletic ability will enjoy dragon boating!**



Pittsburgh Dragon Boat Festival • October 5, 2019 • 8:30am-5:00pm  
North Park Lake • 10301 Pearce Mill Road • Allison Park, PA 15101

[www.pghdragonboatfestival.org](http://www.pghdragonboatfestival.org)





# Dragon Boat Registration Form

**Referred by:**

- Pittsburgh Hearts of Steel
- OCA Pittsburgh
- Japan-America Society of Pennsylvania

Festival Date:  
**October 5, 2019**

- Community Team \$1,000
- Corporate/Business Teams \$1,400
- Breast Cancer Survivor Teams \$ 800
- Youth Team (12-19 years old) \$ 800
- 10-Person Team \$ 750
- Individual - *contact us for more information*

Please complete all information and return with payment.

Team Name: \_\_\_\_\_

Team Captain: \_\_\_\_\_

Captain Address: \_\_\_\_\_

Captain Email: \_\_\_\_\_

Captain Phone Number: \_\_\_\_\_

Division and Class: \_\_\_\_\_

Payment Amount Enclosed: \_\_\_\_\_

Captain Signature: \_\_\_\_\_

**A signed waiver must be included for every team member on the roster before the team's practice.**

Mail completed registration form, waivers, and payment made payable to **HEARTS OF STEEL:**

Hearts of Steel  
c/o Cindy Lott  
584 State Route 380  
Murrysville, PA 15668



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